

Green Salads

Asian Cabbage Salad ^V almonds, scallions, rice wine vinaigrette, crunchy noodles, sesame seeds	\$8.50
Caesar Salad ^{NGI} with parmesan crisps	\$9.50
Chopped Green Salad ^{NGI & V} carrots, cucumbers, tomatoes with our ginger dressing	\$9.50
Mesclun Salad ^{NGI} cranberries, gorgonzola, red onion, almonds with our balsamic dressing	\$9.50
Baby Kale Salad ^{NGI} candied walnuts, roasted red peppers, chic peas, Parmesan, citrus dressing	\$9.50

Dressings ^{NGI} Balsamic, Citrus, Ginger, Caesar, Asian	\$2.50
---	---------------

Sides

Broccoli Rabe ^{NGI & V} roasted garlic, red pepper flakes	\$6.95
Green Bean Salad ^{NGI & V} roasted shallots, grape tomatoes, garlic aioli (serve hot or cold!)	\$6.50
Grilled Asparagus and Portobellos ^{NGI & V}	\$6.50
Grilled Vegetables ^{NGI & V} marinated squash, zucchini, eggplant, red onion, green peppers	\$5.95
Grilled Portobello Mushroom ^{NGI} roasted eggplant, onions, tomato, feta & fresh basil.	\$10.95
Roasted Broccoli & Cauliflower ^{NGI & V}	\$4.95
Roasted Ratatouille ^{NGI & V} eggplant, onions, zucchini, tomatoes, garlic.	\$7.95
Spaghetti ^{KA & V} in house made marinara sauce	\$4.95

Ravioli/Sauces by pound

Bolognese - (beef, pork and veal - frozen) ^{NGI & V}	\$6.50
Marinara ^{NGI & V} (fresh basil, onions and garlic)	\$4.95
Pesto (nut free - frozen) ^{NGI & V}	\$4.95
Pink Vodka ^{NGI} (contains prosciutto)	\$5.95
Frozen Ravioli grilled vegetable, cheese, wild mushroom, sausage and shrimp scampi	Prices vary

*Available only in Rocky Hill. Selections vary by location. Menu prices and selections subject to change.

Entrees Serves two

*BBQ Pulled Pork ^{NGI & DF} with our bbq sauce	\$12.95
*Beef Empanadas Caribbean-style	\$10.95
Beef Lasagna ^{KA} ground beef, onions, ricotta, mozzarella, marinara & lasagna noodles	\$13.95
Big Kid Mac 'n Cheese ^{KA} Cheddar, Asiago, Mozzarella, Parmesan (for Big & Little Kids!)	\$9.95
Black Bean and Walnut Burger ^{NGI & V} roasted red peppers, spring mix, chipotle aioli	\$13.95
Black Bean Burrito with brown rice & avocado	\$8.95
Buffalo Chicken Quesadillas with rice & beans	\$9.95
Chicken Cutlets ^{DF & KA} house breadcrumbs	\$8.95
Chicken Lettuce Wraps ^{NGI & DF} shredded chicken mix with peanuts & ginger dressing	\$13.25
Chicken Marsala with mushroom & onions	\$13.25
Chicken Parmesan with spaghetti ^{KA}	\$13.50
Chicken Picatta with capers and onions	\$13.25
Chicken Tenders ^{DF & KA} also available ^{NGI} choice of sauce bbq, buffalo or honey mustard	\$8.25
Eggplant Rollatini rolled and stuffed	\$8.95
Grilled Artichoke Lemon Fettucini ^{NGI} corn pasta, grape tomatoes, spinach, Parmesan, onions	\$13.95
Grilled Crab Cakes ^{NGI & DF} black bean corn salsa	\$14.95
Marinated Jerk Chicken ^{NGI & DF} pineapple salsa	\$12.95
Meatballs ^{NGI & KA} The way Nana made them!	\$12.95
Penne, Chicken & Broccoli ^{NGI & KA} corn pasta	\$14.25
Penne Marinara with Mini Meatballs ^{NGI & KA}	\$7.50
Pineapple Chili-Glazed Beef Brisket ^{NGI & DF}	\$17.95
Pork Pot Stickers ^{DF} with vegetable fried rice	\$12.95
Salmon ^{NGI & DF} roasted onions & tomatoes	\$16.95
Shrimp Thai Basil ^{NGI & DF} broccoli, carrots, onions, green peppers, fresh basil & white rice	\$13.95
Stuffed Peppers ^{NGI & DF} ground beef, onions, rice and marinara sauce	\$10.95
Tortellini Pesto and Grilled Chicken ^{KA} with grape tomatoes and Parmesan cheese	\$14.50

Cold Salads

Black Bean & Corn Salad ^{NGI & V} Black beans, corn, peppers, red onion, cilantro, lime aioli	\$7.95
Caprese Salad ^{NGI} Layered ripe tomatoes, fresh basil & mozzarella & balsamic aioli.	\$9.95
*Citrus Mint Fruit Salad ^{NGI & DF}	\$7.95
Cranberry Apple Quinoa ^{NGI} carrots, red onion, cucumbers, apples, Feta with a citrus dressing.	\$8.95
Potato Salad ^{NGI & DF} bacon & our scallion mayo	\$5.95

Single Serve

All Green Salads (available single-size)	\$5-5.50
Grilled Chicken (sliced to top salad!) ^{NGI & DF}	\$3.75
Grilled Salmon (add it to your salad!) ^{NGI & DF}	\$4.50
Apricot Chicken Salad ^{NGI & DF}	\$5.50
Cranberry Apple Quinoa ^{NGI}	\$4.75
Curried Chicken Salad ^{NGI & DF}	\$5.50
*Citrus Mint Fruit Salad ^{NGI & DF}	\$3.95
Pineapple Chili-Glazed Beef Brisket ^{NGI & DF}	\$8.95
Salmon ^{NGI & DF} roasted onions & tomatoes	\$8.50
Tortellini Pesto and Grilled Chicken ^{KA}	\$7.25

Family-Style Meals

Chef's Choice of the Month (see website)	
Chicken Parmesan	\$18.95
Chicken Francaise	\$18.95
Stuffed Shells ^{KA} (frozen)	\$16.95

Monthly Specials

Risotto	Eggroll	Spring Roll	Quinoa
Quesadilla	Family-style	Fish	Beef/Pork

Visit our web site for details at lapiastra.com

Scratch-made mayo, ketchup, sauces & dressings
No hormones or steroids in our cage-free chicken

^{NGI} No Gluten-containing ingredients. ^V Vegan items.

^{DF} Dairy Free items. ^{KA} Kid-Approved Meals!

Visit our web site for our monthly specials at lapiastra.com.
 Disclaimer: Although all sanitary measures are taken to prevent cross-contamination, we also serve gluten products and cannot guarantee that all of the foods served are allergen-free.

Breads Plates

Rosemary Focaccia (by the slice) \$1.75

See catering menu for full-size price

Cheesy Garlic Bread ciabatta with garlic butter spread and mozzarella \$6.95

Mini Ciabatta Baguettes baked fresh daily \$1.95

Assorted Flatbreads (frozen) ^{NGI}

Dee's One Smart Cookie Prices Vary
Frozen Breadsticks ^{GF, DF & Soy Free}

DePuma's Pasta

Assorted Ravioli ^{GF} Prices vary

Dessert Plates

Assorted Dessert Bars & Brownies Prices vary
Individually packaged - Easy Grab 'n Go!

Chocolate Chip/6 pcs \$3.95

Lemon and White Chocolate/6 pcs \$4.50

*Oatmeal Raisin Cookies/6 pcs \$3.95

Dee's One Smart Cookie ^{GF, DF, Soy Free} Prices vary
cupcakes, whoopee pies and frozen cookies

Sea Salt Caramel Butter Bars shortbread \$3.50
layered with caramel, topped with sea salt

Soups

Available Frozen by the pint and quart \$5.50/pt
\$9.95/qt

All Gourmet-To-Go entree are also available in larger quantities for catering orders.

Please allow 48 hour notice.

La Piastra Catering

As you pick up your meals to go for the week or the evening, keep us in mind for your next special gathering... from appetizers to desserts!

WE OFFER CATERING 3 WAYS



pick up



delivery



full service

For your elegant luncheon, cocktail party or five course meal; for a child's birthday party, a casual buffet or a boys' night out - let us provide the main course for your next event.

See our web site at www.lapiastra.com or our Catering Menu for details.



**BEST OF
Hartford
MAGAZINE
2017
WINNER**

860.757.3052 Rocky Hill
860.430.6474 Glastonbury
info@lapiastra.com
www.lapiastra.com



Gourmet to Go Spring and Summer Menu

Prepared Meals to Go

single-serve • for two • family-style



Grab & go



Heat at home



Serve & enjoy

ORDER ONLINE @ lapiastra.com

FIND US

1975 Silas Deane Highway
Rocky Hill, CT 06067
860.757.3052
(across from McDonald's)

63 Hebron Avenue
Glastonbury, CT 06033
860.430.6474
(across from Starbucks)

HOURS

M-F 10am-7pm
Sa 10am-5pm
Su Closed

M-F 11am-7pm
Sa 11am-5pm
Su Closed