

Salads

Asian Cabbage Salad ^V almonds, sesame seeds, crunchy noodles, rice wine vinaigrette, scallions. **\$8.50**

Scratch-made bbq sauce!

Caesar Salad ^{NGI} with parmesan crisps **\$9.95**

Chopped Green Salad ^{NGI & V} carrots, cucumbers, tomatoes with our ginger dressing **\$9.95**

Mesclun Salad ^{NGI} cranberries, gorgonzola, red onion, almonds with our balsamic dressing **\$9.50**

Baby Kale Salad ^{NGI} candied walnuts, roasted red peppers, chic peas, Parmesan, citrus dressing **\$9.50**

Single Serve Salads

All green salads (above) available single-size

Curried Chicken Salad ^{NGI & DF} currants, scallions **\$6.95**

Cranberry Apple Quinoa ^{NGI} **\$4.75**

Grilled Chicken ^{NGI & DF} **\$3.95**

Scratch-made mayo, ketchup & dressings!

Sides

Broccoli Rabe ^{NGI & V} roasted garlic red pepper flakes and extra virgin olive oil **\$7.50**

Cranberry Apple Quinoa ^{NGI} carrots, red onion, cucumbers, Feta with citrus dressing. **\$9.50**

Cranberry Walnut Couscous ^V walnuts, peas, dried cranberries, scallions with citrus vinaigrette **\$8.95**

Roasted Broccoli and Cauliflower ^{NGI & V} **\$5.50**

Roasted Garlic Mashed Potatoes ^{NGI} **\$5.50**

Roasted Potato Medley ^{NGI & V} red bliss, sweet and Chef potatoes, Italian seasoning **\$4.95**

Roasted Ratatouille ^{NGI & V} eggplant, zucchini, grape tomatoes, onions. **\$7.95**

Spaghetti ^V with Marinara sauce **\$5.50**

Entrees

BBQ Pulled Pork ^{NGI & DF} slow roasted pork shoulder in our house made barbecue sauce **\$13.50**

Beef Burrito shredded beef, beans and rice **\$9.95**

Beef Lasagna ^{KA} ground beef, onions, ricotta, mozzarella, marinara & lasagna noodles **\$13.95**

Big Kid Mac 'n Cheese ^{KA} Cheddar, Asiago, Mozzarella, Parmesan (for Big & Little Kids!) **\$10.50**

Buffalo Chicken Quesadillas with rice & beans **\$12.95**

Chicken Cordon Bleu ham & swiss cheese **\$13.95**

Chicken Marbella ^{NGI & DF} bone-in chicken thighs marinated with prunes, capers and olives **\$14.95**

Chicken Parmesan ^{KA} with spaghetti **\$14.95**

Chicken Picatta with capers and onions **\$13.50**

Chicken Pot Pie with peas, carrots, potatoes **\$11.50**

Chicken Tenders ^{KA & DF} also available ^{NGI} **\$8.95**

Cranberry Apple Turkey Loaf ^{NGI} with gf bread and topped with house made cranberry ketchup **\$15.50**

Eggplant Parmesan layered **\$13.95**

Eggplant Rollatini rolled and stuffed **\$8.95**

Grilled Portobello Mushroom ^{NGI} roasted egg-plant, onions, tomato, feta & fresh basil. **\$10.95**

Meatballs ^{NGI & KA} The way Nana made them! **\$12.95**

Penne Chicken & Broccoli ^{NGI & KA} **\$14.25**

Penne Marinara with Mini Meatballs ^{KA} **\$7.50**

Pork Pot Stickers ^{DF} try it with veggie lo mein! **\$10.95**

Salmon ^{NGI & DF} with roasted tomatoes & onions **\$16.95**

Stuffed Peppers ^{NGI & DF} ground beef, onions, rice and marinara sauce **\$11.50**

Vegetable Lasagna ^{NGI} gf lasagna sheets, zucchini, squash, green peppers, red onion **\$14.95**

Vegetable Lo Mein ^V broccoli, mushrooms, edamame, carrots, peppers, scallions, ginger. **\$9.95**

Monthly Specials

Visit lapiastra.com for our monthly specials.

Beef	Chicken	Pork
Eggroll	Family-Style	Fish
Meatloaf	Quesadilla	Risotto

No hormones or steroids in our cage-free chicken!

Single Serve Entrees

Burgundy Beef Stew **\$8.25**

Cranberry Apple Turkey Loaf ^{NGI} w/ roasted potatoes **\$7.75**

***Salmon** ^{NGI & DF} roasted tomatoes & onions **\$8.50**

Shepherd's Pie ^{NGI & KA} **\$5.95**

Family-Style Meals

Chicken Piastra ^{KA} with pink vodka sauce (sauce contains prosciutto) **\$18.95**

Chicken Parmesan ^{KA} **\$20.95**

Chicken Pot Pie ^{KA} **\$18.95**

Shepherd's Pie ^{NGI & KA} **\$17.95**

Stuffed Shells ^{KA} (frozen) **\$17.95**

^{NGI} items that do not contain gluten ingredients. ^V Vegan items. ^{GF} gluten-free items made by vendors with dedicated GF facilities. ^{DF} dairy free items ^{KA} Kid-Approved Meals! *Available in Rocky Hill.

Disclaimer: Although all sanitary measures are taken to prevent cross-contamination, our kitchen is not dedicated gluten free. We also manufacture products containing gluten and cannot guarantee that all of the foods served are allergen-free. **Menu prices and selections subject to change.**

Breads

Rosemary Focaccia ^V (by the slice)	\$1.75
Cheesy garlic bread (frozen)	\$6.95
Mini ciabatta baguette ^V baked fresh daily	\$1.95
Frozen Breadsticks ^{GF, Dairy Free, Soy Free}	Prices
Frozen Pizzas with cauliflower or sourdough crust ^{NGI}	Vary

Desserts

Chocolate Chip/6 pack	\$3.95
Oatmeal Raisin Cookies/6 pack	
Dee's One Smart Cookie ^{GF, Dairy Free, Soy Free} cupcakes, whoopee pies, chocolate mousse bars and frozen cookies	Prices vary
Sea Salt Caramel Butter Bar house made with caramel layered between shortbread topped with sea salt.	\$4.25

Seasonal desserts also available in-store

Scratch-made Soups

Beef Barley ^{DF} (frozen by the pt & qt)	\$5.95/\$10.95
Chicken Noodle ^{DF} (frozen by the pt & qt)	\$5.50/\$9.95
Roasted Chicken Corn Chowder ^{NGI & DF} (frozen by the pt & qt)	\$6.50/\$11.95
Vegetarian Chili ^{NGI & V} (frozen by pt & qt)	\$5.50/\$9.95
Turkey Meatball Lentil Stew ^{NGI & DF} (fresh by the qt)	\$9.95
Monthly soups fresh by the pint	

Ravioli/Sauces

Bolognese Sauce ^{NGI} (veal, pork & beef)	\$6.75
Marinara ^{NGI & V} (fresh basil, onions and garlic)	\$5.50
Pink Vodka ^{NGI} (Contains prosciutto)	\$5.95
Sage Cream Sauce ^{NGI} (try with Pumpkin ravioli)	\$6.95
Frozen Gluten Free Ravioli ^{GF} Seasonal ravioli from DePuma's Pasta	\$8.95
Frozen Ravioli pumpkin, cheese, seafood and wild mushroom.	Prices vary

La Piastra Catering

CHOICE OF 3 OPTIONS



pick up



delivery



full service

As you pick up your meals to go for the week or the evening, keep us in mind for your next special gathering... from appetizers to desserts!

For your elegant luncheon, cocktail party or five course meal; for a child's birthday party, a casual buffet or a boys' night out - let us provide the main course for your next event.

See our web site at www.lapiastra.com or our

Catering Menu for details.

860.757.3052

info@lapiastra.com

lapiastra.com



All of our Gourmet To Go entrees are also available in larger quantities for catering orders. Please allow 48 hour notice.



Gourmet to Go Fall and Winter Menu



Prepared Meals to Go
single-serve · for two · family-style

ORDER ONLINE lapiastra.com

FIND US

1975 Silas Deane Highway
Rocky Hill, CT 06067
860.757.3052
(across from McDonald's)

63 Hebron Avenue
Glastonbury, CT 06033
860.430.6474
(across from Starbucks)

HOURS

M-F 10am-7pm
Sa 10am-5pm
Su Closed

M-F 11am-7pm
Sa 11am-5pm
Su Closed